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Tom H. Piatt, M.D., Inc.

Medical Directors:

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(name) \_\_\_\_\_

has an appointment on \_\_\_\_\_ (day) \_\_\_\_\_ (date) \_\_\_\_\_ (time) \_\_\_\_\_ am/pm

ROUTINE     STAT PRELIM    FAX # \_\_\_\_\_

Referring Physician \_\_\_\_\_

Clinical Findings \_\_\_\_\_

**1st Trimester Obstetric Exam / NT Exam**  
Drink 2 (8oz.) glasses of water 30 minutes prior to exam. Do not use bathroom, a semi full bladder is required for this exam. We may ask that you empty your bladder upon arrival.  
Tomar 2 vasos (8oz.) de agua 30 minutos antes de el examen. No use el baño, se requiere la vejiga llena para el examen. Le pediremos que use el baño cuando llegue si es necesario.

**Complete Obstetric Exam**  
Drink 2 (8oz.) glasses of water 30 minutes prior to exam. Do not use the bathroom, a semi full bladder is required for this exam. We may ask that you empty your bladder upon arrival.  
Tomar 2 vasos (8oz.) de agua 30 minutos antes de el examen. No use el baño, se requiere la vejiga llena para el examen. Le pediremos que use el baño cuando llegue si es necesario.

**Biophysical Profile**  
Eat a small meal 20 minutes before exam. Do not use bathroom, a semi full bladder is required for this exam. We may ask that you empty your bladder upon arrival.  
Comer 20 minutos antes de el examen. No use el baño, se requiere la vejiga llena para el examen. Le pediremos que use el baño cuando llegue si es necesario.

**Pelvic Transabdominal and Transvaginal Exam**  
Drink 3 (8oz.) glasses of water 30 minutes prior to exam. Do not use the bathroom, a full bladder is required for this exam.  
Tomar 3 vasos (8oz.) de agua 30 minutos antes de el examen. No use el baño, se requiere la vejiga llena para el examen.

**Abdominal, complete exam**  
Do not eat or drink, smoke or chew gum 6 hours prior to exam. No comer o tomar nada, no fumar o masticar chicle por 6 horas antes de el examen.

**Renal exam**  
Drink 3 (8oz.) glasses of water 30 minutes prior to exam. Do not use the bathroom, a full bladder is required for this exam.  
Tomar 3 vasos (8oz.) de agua 30 minutos antes de el examen. No use el baño, se requiere la vejiga llena para el examen.

**Breast Ultrasound**  
Do not wear any lotions, creams or deodorant. No use cremas, lociones o desodorante.

**Carotid Ultrasound**

**Thyroid Ultrasound**

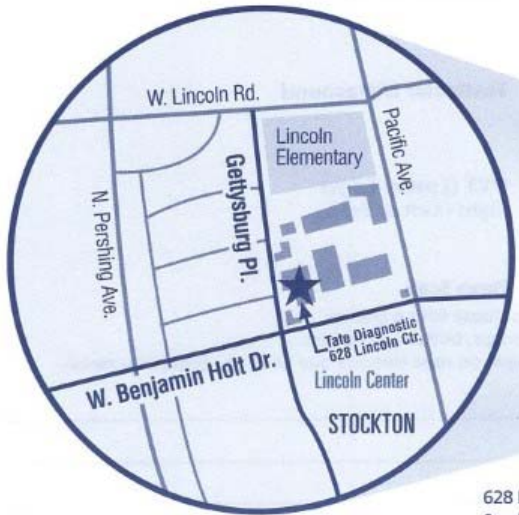
**Testicular Ultrasound**

**DVT (Lower Legs)**  
Right / Left or Both

**Dexa Scan**  
Wear loose fitting clothes. No snaps, buttons or zippers. Venga con ropa comoda que no tenga botones o metal.

**Other** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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